

**Call 911** in a mental health crisis **IF** there is **imminent danger** to you or someone else and tell them it is a mental health crisis.

*Emergency responders' first priority is to ensure public safety, which may include taking a person to a hospital or jail if necessary.*

If there is no imminent danger, call a crisis number on the other side of this card.

After a crisis:  
Call the NAMI Greater North Shore  
warmline (617-984-0504) for support.



(OVER)

## In A Mental Health Crisis

24/7 365 Days a Year

a faster alternative to the Emergency Department

Call the crisis office nearest you for a mobile crisis team to help you and your loved one in your home, office or other locations.

Salem.....978-744-1585

Lynn.....781-596-9222

Lowell.....978-455-3397

Lawrence.....978-620-1250

Haverhill.....978-522-7777

MA Statewide 877-382-1609

Enter Zip Code for local Crisis #

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