Call 911 in a mental health crisis **IF** there is **imminent danger** to you or someone else and tell them it is a mental health crisis.

Emergency responders' first priority is to ensure public safety, which may include taking a person to a hospital or jail if necessary.

If there is no imminent danger, call a crisis number on the other side of this card.

After a crisis:
Call the NAMI Greater North Shore warmline (617-984-0504) for support.

(OVER)

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Call the crisis office nearest you for a mobile crisis team to help you and your loved one in your home, office or other locations.

Salem.....978-744-1585
Lynn.....781-596-9222
Lowell.....978-455-3397
Lawrence.....978-620-1250
Haverhill.....978-522-7777

MA Statewide 877-382-1609
Enter Zip Code for local Crisis #
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